

AJ Route Card					Aim of the AJ					Organization	
Day of the week		Date		Day of venture (1 st , 2 nd , etc)		Name of team members					Address
Leg	Place with Grid Ref		General direction or bearing	Distance in KM	Height Climb in M	Time allowed for journeying	Time allowed for exploring, rest or meal	Total time for leg	Estimated time of Arrival (ETA)	Setting out Time	
	Start									Brief details of route to be followed or planned activity. Please enter full details of activity on reverse	
(a)	(c)		(d)	(e)	(f)	(g)	(h)	(i)	(j)	(k)	
1											
2											
3											
4											
5											
6											
7											
8											
Totals										Supervisor's Name, Location and Tel No.	

